## From The Dying Eye

Summer is over and the man down the hall is dead. I watched him die.

I watched him die I watched him die

I watched him die

I watched him die I watched him die because I had to. because I could. because nobody else would. because it frightened me. to feel sure I am alive. because he was like my father. because he was my father. because he was my father. because I was paid to. while holding his hand because that's what I was told to do. without crying because I was supposed to. because I could not save him. *because I would not save him.*  Ms Aitken in F3 was the first bariatric resident I cared for. Her 255kg body meant she never stood up,

> This caused bedsores, pressure-blisters, ulcers, skin-lesions (That looked like blown out volcanoes in her flesh)

Her legs were so badly affected That both were amputated above the knee.

Gravity worked stronger on her. It took me half an hour to change her nightgown (Which had dusty blue-grey flowers on it, And was as big as a single bed sheet). I tried to lift her arm away from her body But it all seemed

Attached,

I couldn't find an armpit,

A neck,

A groin,

Her skin seemed fused: She was all clotted heart and phantom limbs.

A flesh-moon, cratered, Punctured lunar abdomen. There was no embarrassment During her wash; I could not recognise Any part of her, Her breasts, soft, tectonic plates Of womanhood had shifted To under her arms, The nipples stretched to translucency. Her belly swelled with each breath Like the body of god Before he breathed out our earth, She, a whole world unto herself.

I imagined how far I'd have to dig

To reach her heart.

Could I have bore her out? Hollowed her too-big body, Made a nest of her blown apart rib cage, Climbed inside and thrashed about In her weak, wet chest, Surrounded by ivory twigs, Her mouth, bloody and brimming, Torn nightgown scattered about

everywhere.

She doesn't look at me; The blind artist On the top floor, Rather she looks At my voice in the air. She follows it as if I spoke birds. She watches it float, Hang, Fall,

Dive, She follows its swooping, Its curving.

I cannot lie. That's how I imagine it; Her eyes see my voice too clearly. No hesitation, pitch, swallow, Goes unseen in the air.

I'd never thought about the way a voice Could seem like the flap of a wing, The way breathing Can sound like feathers. My grandmother hugs me harder than she used to; Both of us scared of shattering the reality of each other.

> There are 48 nerve-branches in each of her hands, 96 in total, Her cutaneous mechanoreceptors will deteriorate in the pads of her fingers,

(Symptoms: Loss of sensitivity to touch) Loss of motor neurons, (Symptoms: loss of dexterity, hand writing degrades, hand speed and vibration sense decline)

I hug my grandmother gentler than I used to; She's eighty-four, I'm twenty-two.

We are hollow glass, Bones of air. Human shaped shards, We are the shattering Reflection of each other.

Break, heart, break.

When he arrived it took him three days to say a word. So we gave him the bird.

We require devotion to something Other than ourselves for life to be endurable, says the Harvard philosopher, Josiah Royce.

We gave quiet Mr Stroud in S1 the bird.

The first words he spoke to me: *Hés called Jerry*, he said, pointing at the bird, That's a lovely name, I replied. He started to sit in his chair instead of in bed, To be closer to Jerry. He didn't speak often with us, but he spoke to Jerry. He fed him, watered him, even cleaned his cage.

I started thinking of him as The Birdman,

I thought about bringing hundreds of tiny Jerrys Into the home,

Letting them loose in the atrium of the lounge,

A pandemonium of life and feathers, Little yellow Jerrys, glowing like doubloons, Making nests in the bookshelves, In the strings of the grand piano, The cupboards, The bread bin,

The teapots, A Jerry for everyone! The care home transformed,

A menagerie of tropical birds;

Resplendent Quetzals, like flittering emeralds, With velvet rouge chests, and black bead eyes.

Andean Cock-of-the-walks, whose orange heads Glow like nurses in dark corridors,

Lines of Scarlet Ibis, dropping cabaret red feathers,

The hum of hundreds of Purple-throated Sun Birds, Frothing their tiny luminescent throats, miniature sunsets.

The matrons would be beside themselves,

But the residents would swell and puff With loyalty, Led by *The Quiet Birdman* himself. Mr Maynard stays on the top floor Because his dementia makes him aggressive.

On my lunch break once, he asked me:

Where's this ship going?

Excuse me? I replied.

When will it arrive? He asked.

We're not/on a boat ...

What?!

We're in the/care home.

My hearing is not good! / When are we getting to France?

He was swaying slightly from left to right; He felt the boat beneath his feet.

I'd seen him hit one of the other carers last week.

It doesn't help to encourage a delusion, But, It doesn't help to aggravate him either.

So I let myself find the swell of the corridor, We tipped and nearly toppled From left to right, The riptide carrying us to France, To war. The corridor rocking on its axis, Swilling us and undulating Our hearts in our chests. This ship, our reich, Our alloy motherland, Populated by men Whose most substantial part Is their lurching shadow. Our breaths mimicked By the soft slop of wave on metal.

He said I should put sugar under my tongue To cure seasickness,

To which I replied: Aye Aye Captain.

I put pennies Under the pillows

Of the people In the care home.

Bribes, for the Boatman, Because I do not have doubloons.

The same way I used to exchange, Teeth, white, small,

Like chips of glass, For zinc.

A small metal gift, Slipped under their pillow,

As they sleep. The coin, warm

From my hands, Cools, seems to ring –

Out, The corridors.

Tooth fairy, Death Angel – Penny for a breath.

Summer is over and the man down the hall disappears, Leaving me stupid in the morning light, To wonder how he vanished, Like the other men and women -Unsolved cases, the unresolved empty Beds, where I should be getting them up, Instead, only space and lingering. Surprising, like the lurch Of a top step You only imagine is there. The vanishing people Settle in my marrow – Their empty rooms Look So Ordinary.